

The Morning After With Pam & Paula Press Kit

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PRESS RELEASE

Media Release June/26/2022. Power Pause Productions announces the production of: **The Morning After With Pam & Paula Jul 29th - Aug 6th, 2022** as part of the **2022 Winnipeg Fringe Festival** | Opening July 14th at 8:00 PM | July 15th at 2:45 PM | July 16th at 6:15 PM | July 17th at 11:15 AM | July 18th at 1:00 PM | July 21st at 10:00 PM | July 22nd at 11:00 AM | July 23rd at 6:30 PM | July 24th at 5:45 PM | Rated 14+ | **Winnipeg Fringe: 204.943.7464** | **Tickets:** <https://www.winnipegfringe.com/performer-detail.aspx?kw=Power+Pause+Productions> | Media Contact: Joanna Rannelli 604.710.1164/Hilary Fillier 604.318.4166 or powerpauseproductions@gmail.com

The Morning After With Pam & Paula

By Hilary Fillier & Joanna Rannelli

"It's 2 legit 2 quit"



Grab your tiara and pull up a seat because you will not want to miss this throw down that will have you in stitches, it's just 2 legit 2 quit.

"This is no ordinary TV Talk Show...the tiara is so close they can feel it"- Joanna Rannelli/Hilary Fillier (co-writers/actors)

The Morning After With Pam & Paula is a 60-minute play that stars Pam & Paula and their obsession with being crowned the winners of a hit morning reality TV show. The play explores themes from the 80's & 90's, high school reunions, body image, and overall silliness.

"This is a very assured, strongly adult performance." (Beautiful Thing) – Jane Penistan (Review Vancouver) - Re: Joanna Rannelli

It's the final episode of this epic reality TV battle, who will be crowned the top Morning TV hosts? Two teams remain, Wake it & Shake it with Deb and Donna and the underdogs The Morning After With Paula & Paula.

From special guests to time capsules to kick-ass dance moves Pam & Paula pull out all the stops. They will have you laughing in your seats and blasting your favourite 90's tunes all the way home.

"delivering the standout performance as the endearing Philomena, a wise but simple woman, content to sit on rooftops gabbing while eating her Cheetos." – (The Rez Sisters) - Michael Harris (The Globe & Mail) - Re: Hilary Fillier

Power Pause Productions creators, Hilary Fillier and Joanna Rannelli are thrilled to bring this new work The Morning After With Pam & Paula to the 2022 Winnipeg Fringe Festival. As CAFF lottery winners, they are doing a 5 city Canadian Fringe tour with stops in Winnipeg, Calgary, Edmonton, Kelowna and Vancouver.

The play is directed by Erika Conway (*Director, Producer and Dramaturg: Tomatoes Tried To Kill Me But Banjos Saved My Life*). The show stars Hilary Fillier as Pam, Joanna Rannelli as Paula, Shaun Aquiline as Larry VO. Production team includes Ella Storey (Stage Manager/Sound Designer/Assistant Set Designer), Cheri Matsui (Movement Coach), Keagan Elrick (Lighting Designer) and Muhammad Dewji (Producer).

More info can be found including photos at:

<https://themorningafterwithpamandpaula.wordpress.com>

The Morning After With Pam & Paula Jul 13th - 24th, 2022 as part of the **2022 Winnipeg Fringe Festival** | Opening July 14th at 8:00 PM | July 15th at 2:45 PM | July 16th at 6:15 PM | July 17th at 11:15 AM | July 18th at 1:00 PM | July 21st at 10:00 PM | July 22nd at 11:00 AM | July 23rd at 6:30 PM | July 24th at 5:45 PM | Rated 14+ | **Tickets:** <https://www.winnipegfringe.com/performer-detail.aspx?kw=Power+Pause+Productions> | Media Contact: Joanna Rannelli 604.710.1164/Hilary Fillier 604.318.4166 or powerpauseproductions@gmail.com

WARNING: YOU WILL WANT TO BRING YOUR FRIENDS, THIS SHOW IS HILARIOUS!

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COMPANY AND FRINGE CONTACT INFORMATION

Media Contact: Hilary Fillier or Joanna Rannelli

Tel: Hilary: 604.318.4166 or Joanna 604.710.1164

Email: powerpauseproductions@gmail.com

Website: <https://themorningafterwithpamandpaula.wordpress.com/>

Facebook: @TheMorningAfterWithPamAndPaula

Instagram: @TheMorningAfterWithPamAndPaula

Twitter: @PamAndPaula

Hashtags: #themorningafterwithpamandpaula #pamandpaula #pamandpaulafringe

Winnipeg Fringe Festival

Tel: 204.943.7464

Tickets: <https://www.winnipegfringe.com/performer-detail.aspx?kw=Power+Pause+Productions>

Website: <https://www.winnipegfringe.com/>

SYNOPSIS: THE MORNING AFTER WITH PAM & PAULA

Written & Performed by Hilary Fillier & Joanna Rannelli

It's the final episode of this epic reality TV battle, who will be crowned the top Morning TV hosts? Two teams remain, fan favourites Wake it And Shake it with Deb & Donna and the underdogs The Morning After With Paula & Paula.

From special guests to time capsules to kick-ass dance moves Pam & Paula pull out all the stops. They will have you laughing in your seats and blasting your favourite 90's tunes all the way home. So grab your tiara and pull up a seat because you will not want to miss this throw down that will have you in stitches, it's just 2 legit 2 quit and if you don't know now you know.

POWER PAUSE PRODUCTIONS BACKGROUND



Hilary and Joanna are the co-creators & performers of The Morning After With Pam & Paula.

They met while attending the BFA Acting Program at UBC. While at school they only performed in one show together but connected right away. Some time had passed after graduating and they came together and started to write, but it wasn't until 2019 when they performed in The Most Massive Woman Wins that this new piece of work The Morning After With Pam & Paula came to be. They put a 30 min rendition of the show up in Vancouver and while performing they found out they won the CAFF Fringe Touring Lottery. The Tour was postponed, and they went back to the drawing board and re-worked and created a new version of the show with the help of the director and other designers.

This tour was a long time coming and they are both over the moon about being on the road and sharing it with you.

CAST AND PRODUCTION TEAM BIOS

HILARY FILLIER: Pam



Hilary Fillier is a graduate of the University of British Columbia BFA Theatre Program. An actor, writer and producer based in Vancouver, she is passionate about creating work with a focus on body positivity.

Hilary is incredibly excited to bring The Morning After With Pam & Paula to the stage. She would like to thank everyone involved in the development of this new work, it's been a blast!

JOANNA RANNELLI: Paula



Joanna is a theatre, film/TV and voice artist. After completing the BFA Program at UBC she went on to write, produce, and teach acting. She splits her time between Kelowna and Vancouver and when she is not immersed in acting or teaching you can find her cycling, hiking or floating on a lake.

Joanna sends a huge thank you to the production team for all their hard work and to Erika for her guidance and direction. To her friends & family a big thank you for their continued support.

She is excited to be touring this new piece of work and to share it with all of you.

Joanna is thrilled to be playing Paula and she hopes you enjoy the show!

“art is written on the wind” Peter Brook

SHAUN AQUILINE: Larry (VO)



This is Shaun’s first time performing alongside his fellow Douglas College and University of British Columbia theatre program alumni and is thrilled to be a part of the project. Shaun wrote and produced a short film entitled *Working Class Heroes* which was accepted to the National Screen Institute of Canada. Shaun has been in *The Sound of Music* at the Gateway Theatre and more recently in *Shrek the Musical* with Flying Arrow Productions in Revelstoke. Shaun is currently in rehearsals for *Mamma Mia!* - That will be at Queen Elizabeth Park in Revelstoke this June. Shaun currently resides in Revelstoke and is the Morning Show Host for Bounce 106.1FM CKCR

ERIKA CONWAY: Director



Erika Conway, a Canadian actress, writer, director and producer is no stranger to the stage.

Her 30-year performance career has included acting in multiple roles on stage in film & TV. Her most recent accomplishment is Directing & Producing the Internationally toured and highly awarded hit, "Tomatoes Tried To Kill Me But Banjos Saved My Life"

Erika had the privilege of directing Joanna and Hilary in a previous production and welcomes the opportunity to work again with this dynamic female power duo.

ELLA STOREY: Stage Manager/Sound Designer/Assistant Set Designer



Ella Storey is an emerging theatre artist in the Vancouver scene. She is an actor, director, stage manager, and burgeoning sound designer+stand-up comedian! This spring, she co-produced the 2022 Ignite Festival with the Youth Panel and directed *The Better To Love You With*, by Madison Isolina, for the festival. She has also recently worked with UBC's Brave New Play Rites Festival as a director, and with Stone's Throw Productions on the premiere of *Palimpsest*, a devised theatre piece about artistry and the climate crisis. Ella is a graduate of Studio 58.

KEAGAN ELRICK: Lighting Designer



Keagan Elrick is a Gender-Fluid Non-Binary, Queer artist who has held a curiosity and passion for light most of their life. They love playing with the psychology of lighting and color theory to aid in the building of form and mood to support the story being told on the stage. They like to use the masculine, feminine and other sides of themselves to help inspire and aid in building the spaces and tones of what is happening on the stage.

CHERI MATSUI: Movement Coach



Cheri danced before she could walk. She grew up dancing competitively and later began teaching dance and choreographing musicals.

She has been seen on stage a couple times playing the roles of Magenta in Rocky Horror Picture Show and Margarita in West Side Story. Cheri has had blast working on the choreographing for this show with this stellar cast.

MUHAMMAD DEWJI: Producer



Muhammad is happy to be a part of the team for The Morning After With Pam & Paula as a producer.

Outside of the acting world, he runs his own IT consulting company, helping businesses modernize and transform their IT operations and moving them into the cloud.

When he's not working or producing, he's working out or watching a LOT of sports (whatever he can get away with really).

TICKETING, VENUE & SHOW INFORMATION

Ticketing Information:

Running time: 60 minutes

Genre: Comedy

Rating: Mature Content (Age 14+)

Tickets Price: \$ (General Admission)

Advance Ticket Sales: <https://www.winnipegfringe.com/performer-detail.aspx?kw=Power+Pause+Productions>

Venue:

Venue #2 – MTC Up the Alley

174 Market Ave, Winnipeg, MB

(Enter from back alley – John Hirsh Place)

Show Times:

July 14th at 8:00 PM

July 15th at 2:45 PM

July 16th at 6:15 PM

July 17th at 11:15 AM

July 18th at 1:00 PM

July 21st at 10:00 PM

July 22nd at 11:00 AM

July 23rd at 6:30 PM

July 24th at 5:45 PM

PAST PRESS & REVIEWS

Hilary Fillier

“with Hilary Fillier delivering the standout performance as the endearing Philomena, a wise but simple woman, content to sit on rooftops gabbing while eating her Cheetos.” - The Globe and Mail
(Michael Harris)

“Hilary Fillier, is also a body-positive performance artist who speaks eloquently on the subject.”
- Vancouver Sun
 (“Body-image tread big in Vancouver Fringe Festival”, Stuart Derdeyn)

Joanna Rannelli

“*This is a very assured, strongly adult performance.*” (Beautiful Thing) – Jane Penistan
(Review Vancouver)

“*Joanna Rannelli brings gritty charm to the role of Yvette, a prostitute.*” (Mother Courage and Her Children) – Colin Thomas (The Georgia Straight)

“*a comely young housemaid, well played by Joanna Rannelli.*” (La Ronde) – Jane Penistan
(Review Vancouver)

“*Sid is beautifully portrayed by actor Joanna Rannelli.*” (Sid) – Janine Bandcroft (Winds of Change)

Keagan Elrick

Keagan Elrick, who designed the miasma of soft lights that paint every scene, needs to be mentioned. Shadow and color play are characters in and of themselves, turning a small theater into someplace indescribably other. It's a space where things look like they should be familiar and are decidedly not. It's an incredible accomplishment, to skew a physical space so that it feels so very different. (Alice in Glitterland by Aaron Golden)

PHOTO AND POSTER CREDITS

Chris Ross, Poster & Handbill
Jap Fabella, Photographer

Pam&Paula1: Pam (*Hilary Fillier – Cast*), Paula (*Joanna Rannelli – Cast*)

Pam&Paula2: Pam (*Hilary Fillier – Cast*), Paula (*Joanna Rannelli – Cast*)

MARKETING PHOTOS

Additional pictures and sizes can be found by [CLICKING HERE](#).

